

The HEIGHTS

Restaurant + Bar **LUNCH**

Monday thru Friday 11:30AM to 2:30PM

SALADS

Kale Caesar Salad \$7.95
*Baby Kale, Radicchio, Romaine, Parmesan Cheese
Homemade Croutons*

Farmers Salad \$8.95
*Roasted Heirloom Potatoes, Beets, Charred Broccoli,
Corn, Tomatoes, Organic Greens, Heights Vinaigrette*

Gluten-free Multigrain Salad \$8.95
*Quinoa, Edamame, Corn, Brown Rice,
Pepitas, Boston Lettuce, Carrot & Beet Ribbons,
Heights Vinaigrette*

Add Ons

- *Fried Egg \$1.00
- *Chopped Applewood Bacon \$1.25
- *Cajun Shrimp \$5.95
- *Herb Marinated Chicken \$4.95

SIDES

Soup of the Day
**small \$3.95 * large \$5.95*

Fries w/house spice (optional) \$4.95
**Sweet Potato +\$1.00*

Spinach & Cheese Turnovers (3) \$6.95

Vegetable Lumpia \$5.95

Charred Cauliflower & Broccoli \$5.95

SANDWICHES

Black Angus Burger \$7.95
*1/4 Pound Angus Beef, Greens, Tomato, Red Onion,
Burger Sauce, Brioche Bun
Add - Fried Egg \$1.00, Cheese \$1.00, Bacon \$1.25

Salmon Burger \$9.95
Salmon Cake, Greens, Tomato, Onion, Sorrel Aioli, Brioche Bun

Vegetable Burger \$8.95
*Patty of Mixed Vegetables & Garbanzos, Greens, Tomato,
Onion, Tahini Lemon Sauce, Brioche Bun*

Chicken Club \$9.50
*Marinated Chicken Breast, Applewood Smoked Bacon,
Greens, Provolone, Roasted Pepper Emulsion, Multigrain Bread*

Tuna Melt \$9.50
*Tuna Salad, Pickles, American Cheese, Greens, Tomato,
Served on English Muffin*

Reuben Panini \$10.95
*Rye Bread, Corned Beef, Swiss Cheese, Pickled Cabbage,
Homemade Dressing*

BEVERAGES

Regular & Decaf Coffee
*small \$2.50
large \$3.00*

Espresso \$2.50

Americano \$3.50

Café au Lait \$3.50

Cappuccino \$3.75

Latte \$3.50

Mocha Latte \$4.00

Specialty Iced Tea (Milk / Thai / Taro) \$4.00
add Boba +0.50

Artisan Crafted Loose Teas \$3.50

Regular & Decaf Iced Coffee
*small \$2.50
large \$3.00*

Cold Brew \$4.00

Coke, Diet Coke, Sprite, Ginger Ale, Lemonade \$2.50

Cranberry Juice, Orange Juice, Grapefruit Juice,

Bottled Water \$3.00

**CHECK OUT OUR
WEEKLY SPECIALS
ONLINE!**

*Before placing your order, please inform your server if any person in your party has a food allergy or eggs may increase your risk of food-borne illness.
Applicable MA taxes will be added.
The Heights has a no tipping policy to which staff must adhere.*